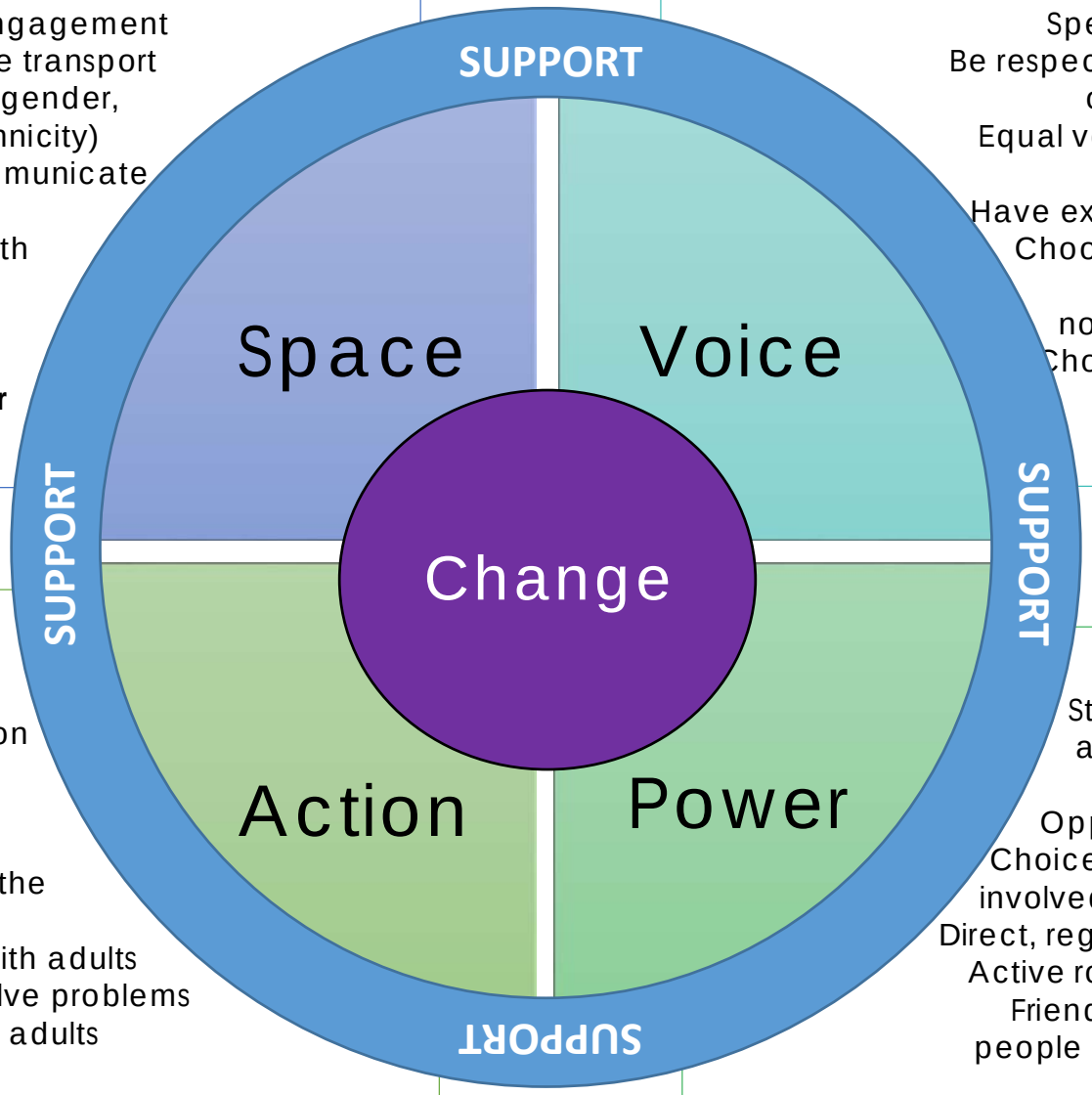
Participation Principles

Safe, comfy, space for individual, group and political engagement
Nice food, snacks, free transport
Inclusive space (age, gender, disability, sexuality, ethnicity)
Creative ways to communicate
Fun and enjoyment
Confidential space with anonymous options
1:1 or group
Reward
Trusted support worker
Support throughout
Opt out whenever

Participate…or not
Speak for themselves
Be respected, views valued, opinions listened to
Equal voice to each other & adults
Have expertise recognised
Choose what to answer
Contribute ideas not just 'make it real'
Choose to meet peers
Collective voice
Prioritise together



Contribute views on solutions to problems
Help make decisions on action and priorities
Be informed/research ourselves about issues
Choose to be part of the action
Exchange expertise with adults
Work with adults to solve problems
Co-create policy with adults
Evaluate action

Have CLOUT!
Status within the system, as experts, set agendas
Be empowered
Opportunities to influence
Choice to become politically involved: honesty about roles
Direct, regular access to power
Active role in decision-making
Friendly ways of holding the people in power accountable
Impact
Positive change